



HAQUE & SONS LTD.

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Accredited by: BMJC
Accreditation No. A 22539
PATIENT CONTROL NUMBER
H031119

MEDICAL EXAMINATION CERTIFICATE

SURNAME TONMOY	FIRST NAME AVISHEK	MIDDLE NAME DAS
PLACE AND DATE OF BIRTH NARSINGDI 1-Jan-2000	PASSPORT NUMBER A01756918	SEAMAN'S BOOK NUMBER T34563
NATIONALITY BANGLADESH SEX: Male Female	VESSEL TYPE: CHEM. TANKER	TRADING AREA: WORLD WIDE
PERMANENT HOME ADDRESS: VILL: SREERAMPUR, P.O: RAIPURA-1630, P.S: RAIPURA, DIST: NARSINGDI, BANGLADESH.		CONTACT NUMBER: 01316418405 (SELF)
RANK:		TR. OS

Have you ever had any of the following conditions?

Condition	YES	NO	Condition	YES	NO
1 Eye/vision problem	<input type="checkbox"/>	<input checked="" type="checkbox"/>	18 Sleep problems	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2 High blood pressure	<input type="checkbox"/>	<input checked="" type="checkbox"/>	19 Do you smoke?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3 Heart/vascular disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	20 Operation/surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4 Heart surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>	21 Epilepsy/seizures	<input type="checkbox"/>	<input checked="" type="checkbox"/>
5 Varicose veins	<input type="checkbox"/>	<input checked="" type="checkbox"/>	22 Dizziness/fainting	<input type="checkbox"/>	<input checked="" type="checkbox"/>
6 Asthma/bronchitis	<input type="checkbox"/>	<input checked="" type="checkbox"/>	23 Loss of consciousness	<input type="checkbox"/>	<input checked="" type="checkbox"/>
7 Blood disorder	<input type="checkbox"/>	<input checked="" type="checkbox"/>	24 Psychiatric problems	<input type="checkbox"/>	<input checked="" type="checkbox"/>
8 Diabetes	<input type="checkbox"/>	<input checked="" type="checkbox"/>	25 Depression	<input type="checkbox"/>	<input checked="" type="checkbox"/>
9 Thyroid problem	<input type="checkbox"/>	<input checked="" type="checkbox"/>	26 Attempted suicide	<input type="checkbox"/>	<input checked="" type="checkbox"/>
10 Digestive disorder	<input type="checkbox"/>	<input checked="" type="checkbox"/>	27 Loss of memory	<input type="checkbox"/>	<input checked="" type="checkbox"/>
11 Kidney problem	<input type="checkbox"/>	<input checked="" type="checkbox"/>	28 Balance problem	<input type="checkbox"/>	<input checked="" type="checkbox"/>
12 Skin problem	<input type="checkbox"/>	<input checked="" type="checkbox"/>	29 Severe headaches	<input type="checkbox"/>	<input checked="" type="checkbox"/>
13 Allergies	<input type="checkbox"/>	<input checked="" type="checkbox"/>	30 Ear/nose/throat problems	<input type="checkbox"/>	<input checked="" type="checkbox"/>
14 Infectious/contagious diseases	<input type="checkbox"/>	<input checked="" type="checkbox"/>	31 Restricted mobility	<input type="checkbox"/>	<input checked="" type="checkbox"/>
15 Hernia	<input type="checkbox"/>	<input checked="" type="checkbox"/>	32 Back problems	<input type="checkbox"/>	<input checked="" type="checkbox"/>
16 Genital disorders	<input type="checkbox"/>	<input checked="" type="checkbox"/>	33 Amputation	<input type="checkbox"/>	<input checked="" type="checkbox"/>
17 Pregnancy <i>N/A</i>	<input type="checkbox"/>	<input type="checkbox"/>	34 Fractures/dislocations	<input type="checkbox"/>	<input checked="" type="checkbox"/>

If any of the above questions were answered "yes", please give details.

Additional questions

Question	YES	NO
35 Have you ever been signed off as sick or repatriated from a ship?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
36 Have you ever been hospitalised?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
37 Have you ever been declared unfit for sea duty?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
38 Has your medical certificate ever been restricted or revoked?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
39 Are you aware that you have any medical problems, diseases or illnesses?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
40 Do you feel healthy and fit to perform the duties of your designated position/occupation?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
41 Are you allergic to any medications?	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Comments:

Fit For Duty on Board Ship

42 Are you taking any non-prescription or prescription medications? YES NO
If yes, please list the medications taken and the purpose(s) and dosage(s)

I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to Dr. Md Rafiqul Islam (approved medical practitioner) I also certify that my history contained above is true and any false statement will disqualify me from my employment, benefits and claims.

Avishek Das
Signature of Seafarer

MEDICAL EXAMINATION

Weight *85 kg* Height (cm) *170* BMI *29.4* Blood Pressure: Systolic: *116 mmHg* Diastolic: *76 mmHg* PULSE: *72/min*

Ear	Hearing by Audiometry		Audiometry				Hearing by Whisper Test	
	Right:	<input checked="" type="checkbox"/> Adequate <input type="checkbox"/> Inadequate	500	1000	2000	3000	<input checked="" type="checkbox"/> Adequate <input type="checkbox"/> Inadequate	<input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate
Left:	<input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate	<i>N/A</i>				<input checked="" type="checkbox"/> Adequate <input type="checkbox"/> Inadequate	<input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate	

Hearing meets the standards as laid down in STCW Code Section A-1/3? YES NO

Visual acuity				Visual fields	
Unaided		Aided		Normal	Defective
Right eye	Left eye	Right eye	Left eye	Right eye	Left eye
Distant	6/6	6/6		✓	
Near	6/30	6/30			

Visual acuity meets the standard laid down in STCW Code Section A-1/9: Normal Doubtful Defective

Colour vision as per STCW CODE Section A-1/9: Normal Doubtful Defective

Date of last colour vision test: Date (day/month/year) **20 OCT 2022**

	Normal	Abnormal		Normal	Abnormal
Head	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Varicose veins	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Sinuses, nose, throat	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Vascular (inc. pedal pulses)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Mouth/teeth	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Abdomen and viscera	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Ears (general)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Hernia	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Tympanic membrane	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Anus (not rectal exam)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Eyes	<input checked="" type="checkbox"/>	<input type="checkbox"/>	G-U system	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Ophthalmoscopy	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Upper and lower extremities	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Pupils	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spine (C/S, T/S and L/S)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Eye movement	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Neurologic (full brief)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Lungs and chest	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Psychiatric	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Breast examination	<input checked="" type="checkbox"/>	<input type="checkbox"/>	General appearance	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Heart	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Skin	<input checked="" type="checkbox"/>	<input type="checkbox"/>

RESULTS OF ANCILLARY EXAMINATIONS			
Chest X-Ray	<input checked="" type="checkbox"/>	BIO CHEMICAL (LIVER FUNCTION TEST)	Marijuana <input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative
ECG	<input checked="" type="checkbox"/>	BILIRUBIN	Alcohol Test <input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative
BLOOD R/E	<input checked="" type="checkbox"/>	SGPT	URINE R/E
DC (differential count)	<input checked="" type="checkbox"/>	SGOT	OTHERS
HAEMOGLOBIN (HGB)	<input checked="" type="checkbox"/>	DRUG AND ALCOHOL TEST	
ESR (WESTERGREN)	<input checked="" type="checkbox"/>	Morphine	<input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative
WBC	<input checked="" type="checkbox"/>	Amphetamine	<input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative
BLOOD GLUCOSE LEVEL	<input checked="" type="checkbox"/>	Phencyclidine	<input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative
RANDOM	<input checked="" type="checkbox"/>	Barbiturates	<input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative
HBA1C	<input checked="" type="checkbox"/>	Cocaine	<input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative
			HBsAg <input type="checkbox"/> Reactive <input checked="" type="checkbox"/> Nonreactive
			HIV / AIDS Test <input type="checkbox"/> Reactive <input checked="" type="checkbox"/> Nonreactive
			VDRL <input type="checkbox"/> Reactive <input checked="" type="checkbox"/> Nonreactive
			Blood Type <input checked="" type="checkbox"/>
			Psychological Exam <input checked="" type="checkbox"/>
			Others (KUB Ultrasound) <input checked="" type="checkbox"/>

Hereby I declare that I am in knowledge of the contents of the Physical examinations:

Avishkek Das AVISHEK DAS TONMOY 20 OCT 2022

Signature of Seafarer Name of Seafarer Date

Assessment of fitness for service at sea:

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

Fit for lookout duties Not fit for lookout duties

	Deck service	Engine service	Catering service	Other services
Fit	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Unfit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Without restrictions With restrictions

Is the Seafarer free from any medical conditions likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board?

Yes No

Describe restrictions (e.g., specific position, type of ship, trade area):

Action taken by medical examiner (e.g., referral):

Fitness Date: **20 OCT 2022** Valid until: **19 OCT 2024**

Name and Signature of Authorized Physician

In Accordance with Medical Examination (Seafarers) Ordination, 1945 (No. 78) and STCW 1978/1996 as Amended, MLC 2006

Approved By D.G. Shipping Dhaka
Ragd No : A 22539